

WELLNESS FORMULA®

Winterize Your Immune System

Contrary to popular belief, there is no “magic bullet” to protect you during the cold weather season. WELLNESS FORMULA addresses multiple body systems that impact immune and upper respiratory health. Its ingredients support interlocking components of the immune system, antioxidant defense, stress response, and cleansing and clearing of the mucous membranes.



	Immune System	Antioxidant Defense	Stress Response Mechanisms	Respiratory System: Cleansing Mucous Membranes	Respiratory System: Clearing Mucus
ACTION	<p>The immune system protects the body by responding quickly to outside influences. Immune system components addressed by Wellness Formula include protective barriers such as the skin and mucous membranes, cell-mediated immunity involving T-lymphocytes and thymus support, and humoral immunity consisting of B-lymphocytes and macrophage interactions.</p>	<p>White blood cells generate free radicals, highly reactive molecules that can damage cells. Vitamin C, a free radical scavenger, is concentrated in certain white blood cells at much greater levels than in surrounding fluid, providing them with a built-in defense mechanism. Bioflavonoids complement the action of vitamin C.</p>	<p>Science now shows that emotional and physiological stress significantly impact the immune system. Siberian ginseng is an adaptogen whose key constituents, saponin glycosides, support the body's stress response.</p>	<p>Our nasal passages, sinuses, throat and bronchial tubes are protected by mucous membranes, moist layers of connective tissue that are the first line of immune defense. Nutritional support ensures the integrity of these tissues. As a result, the membranes help to protect us and to cleanse the body of outside influences. The addition of herbiotics helps to cleanse the mucous membranes, which is an important part of winterizing your immune system.</p>	<p>For additional support during the changing seasons, we have included herbs that support the body's clearing of mucus in the upper respiratory system.</p>
CONTENT	<p>Astragalus, Boneset, Echinacea, Isatis, Propolis, Selenium, Zinc, Vitamins A & C, Beta Carotene</p>	<p>Astragalus, Bioflavonoids, Hawthorn, Pau d'Arco, Selenium, Zinc, Vitamins A & C, Beta Carotene</p>	<p>Siberian Ginseng, Calcium, Magnesium, Vitamin C</p>	<p>Astragalus, Echinacea, Garlic, Goldenseal, Isatis, Mullein, Oregon Grape, Pau d'Arco, Propolis, Copper, Zinc, Vitamins A & C</p>	<p>Angelica, Cayenne, Goldenseal, Horehound, Mullein, Oregon Grape, Polygonatum</p>

